

COMPETITION RULES AND REGULATIONS



Dancers entered in the wrong category, ability level, or not following the rules of the category could be subject to penalties assessed by the judges.
PLEASE KNOW THESE RULES



Any questions about entry rules can be directed to Jenn at (801) 671-9587, Robyn or Kevin at (801) 568-2762, or emailed to danceamerica@msn.com.

CATEGORIES & TIME REQUIREMENTS

Ballet/Lyrical/Modern Time - 1:30-4:00	Jazz Time - 1:00-4:00
Routines must be Lyrical, Modern, or Classical in nature. The use of pointe shoes, and lifts is permitted. Tumbling and props are NOT permitted unless they stay with the flow of the routine and are NOT thematic. Rosin on shoes or floor is NOT permitted!	Routines must be Jazz in nature. Props are NOT permitted, unless part of the costume, and only used momentarily in the routine. Thematic routines with or without props or costumes should be in the show or character divisions.
Hip Hop Time - 1:00-4:00	Show/Production Time - 5:00 to 15:00
Routines must be Hip Hop in nature and have CLEAN music and dance moves. Any innapropriate words or moves could result in penalties by judges' discretion.	Routines must be thematic in nature with the use of props and/or backdrops. Set-up & take-down should NOT exceed 5 minutes TOTAL, and is not included in routine time limit.
Clogging(stage/auditorium only)	Cheer Time - 1:30-3:00
Any routine in which the dancer uses double-taps, i.e. clogs on double-taps, i.e. clogs on shoes. Timi limit 1:00-3:00	All routines must be performed in cheer uniforms, and/or have the use of pom-poms. Stunting & tumbling is permitted.
Variety Arts (stage/auditorium only)	Tap (stage/auditorium only)
<u>DIXIE JAM AND NATIONALS ONLY</u> Any routine that does not fit into any of the above categories. (i.e. singing, baton, etc.) Time limit is 1:00 - 3:00	<u>DIXIE JAM AND NATIONALS ONLY</u> Any routine that is tap in nature and/or requires the use of tap or soft-shoe shoes. Time limit is 1:00-3:00
Character Time - 1:00-4:00	Song/Pom Time 1:30-3:00
Routines that are thematic in nature, have the use of props, and are under five minutes in length.	Routines performed in cheer uniforms and/or the use of pom-poms. Stunting is NOT permitted and should be in cheer division.



DANCERS ENTERED IN THE WRONG ABILITY LEVEL COULD BE SUBJECT TO A 1 - 5 POINT PENALTY ASSESSED PER JUDGE.
Novice and Beginning ability levels MAY be combined based on number of entrants!



ABILITY LEVEL REQUIREMENTS

Novice	Beginning
This level is reserved ONLY for dancers who are Extremely new to dance and cannot perform the skills outlined in the beginning category. (Novice & Beginning categories MAY be combined.)	Any age. Skills include single pirouettes, or double pirouettes performed by the majority of the team. Skills also include chaine turns, pique turns, and forward leaps.
Intermediate	Advanced
Any age. Skills include a variety of turn & leap skills skills performed with an average/good amount of flexibility double pirouettes, fouette sequences and other skills performed with average/good technique.	Any age. Skills include triple pirouettes, double pique turns, ambidextrous moves, fouette sequences and other advanced moves performed with good/excellent technique and flexibility.

AGE AND DIVISION REQUIREMENTS

<i>Groups should average ages of all dancers. Dancers will be categorized according to age. Actual age is as of the competition date. We reserve the right to combine age divisions to keep a competitive environment.</i>	Groups are no less than FOUR dancers. One, two, and three dancers are solos, duets, and trios respectively.
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