

Dance America presents:

2018 Summer Slam Dance Camp

Snow Canyon High School - St. George, Utah



July 26-28, 2018

What sets us apart from other dance camps?

We give personal attention to the dancers! We get to know all our "campers"! We provide the best dance instruction with personal touch. We provide you with new, innovative routines & combos while emphasizing good technique and versatility.

CAMP MOTTO - "FULL OUT"

Salt Lake Valley Instructors: Lauralyn, Mysti, Reanna, Jordan, Sierra, Kirsten, Kyra, Ali

DAY 1 (Thursday, July 26th)								
Time	Mini	Beg.	Int.	Adv.	Directors			
1:30 - 2:30pm	Check In							
2:30 - 2:45pm	WELCOME!							
2:45 - 3:15pm		Warmup & Fitness (All Together)						
	with camp director: Lauralyn Kofford							
3:15pm	Split for class							
3:25 - 4:20pm	Lyrical	Contemporary	Contemporary	Contemporary	Welcome Meeting			
	Part 1	Part 1	Part 1	Part 1	Lauralyn			
	Kirsten	Mysti	Ali	Reanna				
	asst. Sierra	asst. Kyra	asst. Jordan					
4:25 - 5:20pm	Нір Нор	Jazz	Jazz	Jazz	Teacher Hip Hop			
	Part 1	Part 1	Part 1	Part 1	Reanna			
	Kyra	Ali	Kirsten	Jordan				
			asst. Sierra	asst. Mysti				
5:20 - 6:20pm	DINNER BREAK							
6:20 - 7:20pm	Character	Acro/Partner Lif	fts OR Lyrical Combo	Hip Hop	FREE to Observe			
	Part 1	F	Part 1	Part 1				
	Ai	Acro-La, Mysti,	Kyra, Kirsten, Sierra	Reanna				
		Lyrice	al-Jordan					
7:25 - 8:20pm	BEDTIME	Нір Нор	Нір Нор	Acro/Partner Lifts OR Lyrical Combo				
	ZZZZZZZ	Part 1	Part 1	Part 1				
		Reanna	Kyra	Acro-La, Mysti, Kirsten, Ali, Sierra				
				Lyrical-Jordan				
8:25 - 9:20pm	ZZZZZZZ	Turn Technique	Turn Technique	Turn Technique	FREE to Observe			
		Mysti & Reanna	Ali, Kyra, Sierra	Jordan & Kirsten	or take turns class			
9:20 - 9:35pm	GROUP COOL DOWN & STRETCH							
	Lauralyn & Staff							

Day 2 (Friday, July 27th)								
Time	Mini	Beg.	Int.	Adv.	Directors			
8:30 - 9:00am	Warmup & Fitness (All Together)							
	Lauralyn							
9:10 - 10:05am	Lyrical	Leap/Jump/Kick	Leap/Jump/Kick	Leap/Jump/Kick	HOT TOPICS			
	Part 2	Technique	Technique	Technique	Lauralyn			
	Kirsten	Mysti &	Ali &	Jordan				
	asst. Sierra	Reanna	Kyra					
10:10 - 11:05am	Hip Hop	Jazz	Jazz	Lyrical	Teachers Hip Hop			
	Part 2	Part 2	Part 2	Part 2	Reanna			
	Kyra	Ali	Kirsten	Jordan				
			asst. Sierra	asst. Mysti				
11:10 - 12:05pm	Rhythm &	Contemporary	Contemporary	Contemporary	Teacher Master Class			
	Locomotor Skills	Part 2	Part 2	Part 2	Kyra			
	(minis end at 11:45)	Mysti	Ali	Reanna				
	Sierra	asst. Kirsten	asst. Jordan					
12:05 - 1:00pm	LUNCH							
1:05 - 2:05pm	Character	Acro/Partner Lifts Part 2		Нір Нор	FREE to Observe			
	Part 2	La, Mysti, Kyra, Kirsten, Sierra		Part 2	or participate			
	Ali	Lyrical Combo Part 2 - Jordan		Reanna				
2:10 - 3:05pm	Ballet &	Нір Нор	Нір Нор	Acro/F	Partner Lifts Part 2			
	Tiny Tumbling	Part 2	Part 2	La, Kir	La, Kirsten, Sierra, Kyra			
	Mysti	Reanna	Ali	Lyrical Combo Part 2 - Jordan				
3:10 - 4:05pm	END EARLY	Tech Combo &	Tech Combo &	Tech Combo &	FREE to Observe			
		Improv	Improv	Improv	or participate			
		Mysti & Reanna	Ali & Kyra	Jordan & Kirsten				
			asst. Sierra					
4:10 - 4:40pm	GROUP COOL DOWN & ABS							
4:40 - 5:00pm	DANCER DISCUSSION							

Day 3 - SHOWTIME DAY! (Saturday, July 28th)							
Time	Mini	Beg.	Int.	Adv.	Directors		
8:00-8:30am	Warmup & Fitness (All Together) Lauralyn						
8:35-9:05am	Lyrical	Contemporary	Contemporary	Contemporary	FREE to Observe		
	Final	Final	Final	Final			
	Kirsten	Mysti	Ali	Reanna			
	asst. Sierra		asst. Jordan				
9:10-9:40am	Hip Hop	Jazz	Jazz	Lyrical	Upcoming Events		
	Final	Final	Final	Final	Lauralyn		
	Kyra	Ali	Kirsten	Jordan			
			asst. Sierra	asst. Mysti			
9:45-10:15am	Character	Acro/Partner Lifts & Lyrical Combo		Нір Нор	FREE to Observe		
	Final	Final		Final			
	Ali	Acro-La, Mysti,	Kyra, Kirsten, Sierra	Reanna			
		Lyric	al-Jordan				
10:20-10:50am	Balley & Tiny	Hip Hop	Hip Hop	Acro/Partne	er Lifts & Lyrical Combo		
	Tumbling Pt. 2	Final	Final	Final			
	Mysti	Reanna	Kyra	Acro-La, Kirsten, Sierra, Ali			
				L	yrical-Jordan		
10:50-11:30am	LUNCH						
11:35-12:35pm	SUMMER SLAM AWARDS & DANCE OFF FOR BLUE RIBBON RECIPIENTS						
12:45-2:00pm	SHOWTIME!! Free for all family and friends to come watch!						
	And, CAMP PHOTO all together!!!						